



## 2005 South Carolina Behavioral Risk Factor Surveillance Survey Highlights: Preventive Health and Screening Practices

The Behavioral Risk Factor Surveillance Survey is a cross-sectional telephone survey conducted annually to help determine behavior and risk factor prevalence in the fifty states and several US Territories. The survey consists of interviews conducted with randomly selected adults aged 18 years or older from sampled households. The sampling method used is a disproportionate stratified sample from all telephone-equipped dwellings in the states. The data is specifically weighted to match the State's population by several demographic factors.

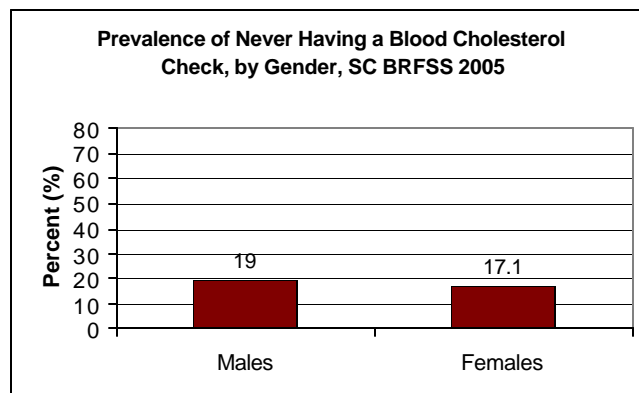
SC BRFSS is administered every year in cooperation with the Federal Centers for Disease Control and Prevention. Questions included on the survey gather information about lifestyle choices such as smoking, alcohol consumption, weight control, cancer screening habits, and women's health issues. The results are used to determine health needs for the State of South Carolina and to measure progress towards National 2010 Health Objectives.

In 2005, 8,440 surveys were completed by the University of South Carolina for South Carolina Department of Health and Environmental Control (SC DHEC). South Carolina has been conducting the BRFSS survey since 1984.

This summary reports the prevalence of several preventive health and screening practices among the adult population of SC in 2005.

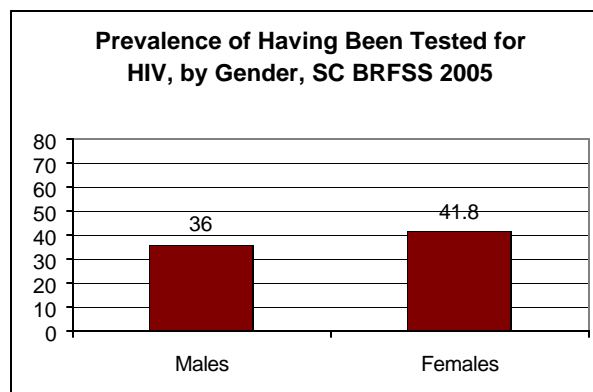
### Cholesterol Screening

18.0% of South Carolina adults had never had their blood cholesterol level checked.



### HIV/ AIDS\*

This portion of the questionnaire was asked of residents who were younger than 65 years. Of the 5,872 responding adults, 39.0% had been tested for HIV.



# Immunization

For those people over the age of 65, the Healthy People 2010 Goal for flu immunization in the last 12 months is 90%. Additionally, for the same age group, the Healthy People 2010 goal for having a pneumonia shot in their lifetime is 90%. The prevalence of having a flu shot in the last 12 months for those over 65 in South Carolina is 60.9%. The prevalence of having a pneumonia shot in the same age group is 65.6%.

